



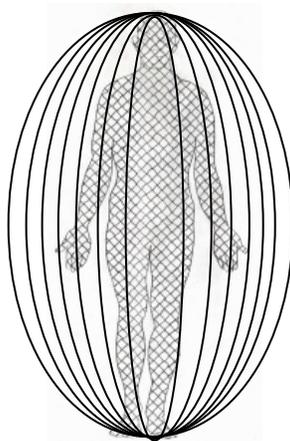
# Aura

## The Layers of the Human Energy Field

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The human energy field is divided up into seven layers. These layers are like onion skins. The first layer is the one closest to you and the seventh is the one farthest from you. Each layer commands a different aspect of your physical and nonphysical being. Layer work is mostly used in healing but this information can have other uses as well.

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7 6 5 4 3 2 1 2 3 4 5 6 7  
Layers

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### Seventh Layer:

The seventh layer is the main power conduit for the physical, emotional, and spiritual bodies. Energy enters this layer, and it is here that a person touches the divine. It is associated with the higher mind, knowledge, and the integration of an individual's spiritual and physical make-up.



### Sixth Layer:

The sixth layer is the karmic level of being. It is here where all of the person's experiences become recorded and become part of him/her. It is through this level that energy from the seventh layer must pass to become molded to the individual's karma and life experiences.



**Fifth Layer:**

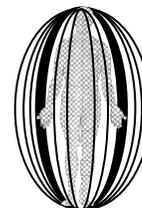
The fifth layer is associated with higher will. This layer serves as a bridge between experiences and the higher-self. It controls word power, listening, and taking responsibility for actions. This is the level of communication, psychic and conventional.



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**Fourth Layer:**

The fourth layer is associated with love and the ability to love others, self, and the environment. This level is also responsible for manifestation of ideas on the physical plane. It is here that the energy from the seventh layer becomes transmuted into energy that can manifest into experience. This layer is closely related to the heart chakra.



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**Third Layer:**

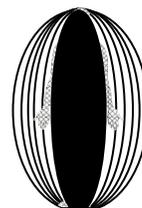
The third layer is associated with the mental aspect and linear thinking. This layer deals with the mind and its processes. Excessive negative energy here can choke the physical organism and make physical existence a painful burden.



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**Second Layer:**

The second layer is associated with the emotional aspect of human beings. In this layer emotions appear as energy and can block or pass energy to and from the physical system. The manifestation of physical illness often deals with blockages within this layer.



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**First Layer:**

The first layer is associated with physical functioning, sensation, and the physical body itself. This layer is the last layer to receive energy. If the physical system becomes too plagued with illness, the energy cannot pass back to the earth plane, thus constricting power flow into this level. Without proper power flow in this level the physical body will become ill.

