



**About this talisman:** The formula of NIAKOD pronounced nee-kay-oh-dah is for protection. You can liken it to a very short prayer. It specifically protects you from dark energy attacks and things of evil or destructive intent toward you. The formula's traditional use was for protection when the Adepts were crossing the Abyss (ZAX) to reach the plane of spirit. However I have found this formula excellent for everyday use as well. Let's face it, today, sometimes crossing the street can seem like a trip across the Abyss.

**Instructions:** Cut out the talisman above along the dotted lines. Then sign the back of the talisman. This is a self activated talisman as it has no expiration date. Hold the talisman in one hand and place your other hand over it. Take yourself to a protective place in your mind and feeling. Raditate this energy into the talisman. Carry the talisman around with you for 30 days. Then destroy the talisman by cutting it up or burning it. You can make another one using this template but you have to go through the reactivation again.

**To remove energies right away:** If you feel you no longer want these energies working on you, then cut up or burn the talisman and throw it away. The energies from it will dissipate in about 24 hours.

**Misc:** It is okay to fold the talisman to put in your pocket. It is also okay to reprint the talisman should the one you carry get lost or destroyed.

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 This healing work is done at no charge. However if you feel my effort was worthy and you can afford it, you can send me a donation via PayPal by going to the healing request page and pressing the green button. You will never receive a bill from me for healing work. <http://wisdomsdoor.com/donation.htm>